



COED GRASS TRIPLES RULESET

General Coed and Tournament Rules:

- Net height set to coed / jr. boys: 2.33m
- Court boundaries set to doubles size: 8m x 8m
- Minimum one of each gender on court
- No limit on substitutions between rallies
- Teams may take two thirty second timeouts per set

Attacking:

- Males may attack the ball from anywhere on the court.
- The ball may be set over the net, only if shoulders and feet are square.
- Players may not open hand tip a ball over the net.

Defense:

- Males may not block female *attacks*, including soft blocks. Males may block or hit female *overpasses or free balls*.
 - Attacks are defined as ball contact above the top of the net OR an attempt at an arm swing even if below the top of the net.
 - Blocks are defined as ball contact *above* the top of the net.
- Females may block everyone.
- Open hand (volley) serve reception and digs are allowed.

Center Court:

- You may cross under the net provided that it does not interfere with the opposing team.
- You may not touch the net.

Violations:

- Teams must call their own violations. Players may not call other teams' violations, but may remind other teams to do so.
 - All other base volleyball rules apply (double touch, service line fault, penetration, carry, etc).
-